

# Sandwiches

### Lemon & Herb Chicken Wrap

Baked Breast of Chicken marinated in Olive Oil & Lemon Juice with Fennel & Feta Salad, Harissa Mayo,
Salad Leaves, served with Italian Salted Crisps.

(go,1,3,7,9,12) out €8.95 / in €9.95

## Moroccan Chicken Wrap

Baked Breast of Chicken marinated in Moroccan Spices, with Feta Cheese Dip, Olive Salad, Salad Leaves & Harissa Mayo, served with Italian Salted Crisps.

(go,1,3,9,12) out €8.95 / in €9.95

## Cured Ham Baguette

Cured Ham with Pickled Cucumber, Ruby Slaw, Iceberg Lettuce, Dijon Mustard & Mayo on rustic Baguette, served with Italian Salted Crisps. (go,1,3,10,12) out €8.95 / in €9.95

# Mediterranean Pulled Pork Wrap

Slow Cooked Shoulder of Pork, with a BBQ dressing, Ruby Slaw, Grilled Veg, Parmesan & Cheddar, Iceberg Lettuce & Harissa Mayo, served with Italian Salted Crisps. (go, 1,2,3,7,10) out €8.95 / in €9.95

#### Falafel Wrap

Homemade Falafel, Hummus, Pickled Cucumber, Tomato, Iceberg Lettuce, Tabouleh, Feta Cheese Dip & Harissa Mayo served with Italian Salted Crisps.

(go,v,ve,1,3,7,12) out €8.95 / in €9.95

#### Free Range Egg Mayonnaise Sandwich

Free Range Egg Mayonnaise with Fresh Dill, Iceberg Lettuce, Pickled Cucumber, Parmesan & Cheddar Cheese on Rustic White Loaf, served with Italian Salted Crisps.

(go,1,3,7,12) out €7.95 / in €8.95

#### DIY SANDWICH

Choose your own Sandwich Fillings from the Deli Counter, served with Italian Salted Crisps. (go, Allergens)

Sandwich - out €7.95 / in €8.95
 Wrap - out €8.95 / in €9.95
 Baguette - out €8.95 / in €9.95

# Deli Lunch

## Soup of the Day

served with homemade Guinness & Walnut Bread (go,v,1,7,8,9) out €6.95 / in €7.50

#### The Deli Flatbread Mezza

Warm Flat Bread with: Hummus, Tabbouleh, Beetroot Salad, Fennel & Feta Salad, Olive Salad, Pickled Cucumber & Feta Dip. (v, ve, go, 1,3,7,8,10,12) out €11.95 / in €12.95

#### Italian Lemon Chicken Lunch

Grilled Breast of Chicken Marinated in Lemon Juice, Olive Oil & Fresh Herbs, served with warm Pesto Potato & Grilled Vegetables. (g,3,7,8,9) out €10.95 / in €11.95

# Deli Selection

RICE STUFFED VINE LEAVES (gv,ve,12) out €1 / in €1.25 each

MINI FISH CAKES (1,3,4,7) out €2.25 / in €2.75 each

LEMON & HERB CHICKEN (g,9) out €3.95 / in €4.50

MOROCCAN SPICED CHICKEN (g,9) out €3.95 / in €4.50

MEDITERRANEAN PULLED PORK (g) out €3.95 / in €4.50

CHICKPEA FALAFEL (g,v,ve) out €1 / in €1.250 each

**SAUSAGE ROLL** (g,v,1,3,7) out €3.95 / in €4.50

**QUICHE** (1,3,4,7) out €4.95 / in €5.50

**LASAGNE** (1,3,4,7,8,12) out €5.95 / in €6.95

# Deli Salads

Portion out €4/in €5 - Med Plate out €7.95/in €8.95 - Lg Plate out €11/in €12

Mediterranean Chicken & Pasta Salad (1.8)

Salami Pasta Salad (1,12)

Fennel & Feta Salad (v,7,12)

Olive & Sundried Tomato Salad (v,ve,12)

Pesto Potato Salad (v,3,7,8)

Rustic Beetroot Salad (v,ve,8,12)

Pesto & Pine Nut Pasta Salad (v,1,3,7,8)

Tabbouleh Salad of bulgur wheat & fresh herbs (v,ve,1,12)

Ruby Coleslaw (v,3)

Free Range Egg & Dill Mayonnaise (v,3)