



Sandwiches

Lemon & Herb Chicken Wrap

baked breast of chicken marinated in olive oil & lemon juice, with fennel & feta salad, salad leaves, harissa mayo, served with mediterranean crisps.
(go,1,3,7,9,10,12) €9.95

Moroccan Chicken Wrap

baked breast of chicken marinated in moroccan spices, with feta cheese dip, olive salad, salad leaves & harissa mayo, served with mediterranean crisps.
(go,1,3,9,10,12) €9.95

Cured Ham Baguette

cured ham with pickled cucumber, ruby slaw, iceberg lettuce, dijon mustard & mayo on rustic baguette, served with mediterranean crisps.
(go,1,3,10,12) €9.95

Mediterranean Pulled Pork Wrap

slow cooked shoulder of pork, with a BBQ dressing, ruby slaw, grilled veg, parmesan & cheddar, iceberg lettuce & harissa mayo, served with mediterranean crisps.
(go,1,3,6,7,10) €9.95

Falafel Wrap

chickpea falafel, hummus, pickled cucumber, tomato, iceberg lettuce, tabouleh, feta cheese dip & harissa mayo served with mediterranean crisps.
(v,ve,1,3,7,10,12) €9.95

Free Range Egg Mayonnaise Sandwich

free range egg mayonnaise with fresh dill, iceberg lettuce, pickled cucumber, parmesan & cheddar cheese on rustic white loaf, served with mediterranean crisps.
(go,1,3,7,12) €8.95

Ham & Cheese Croissant

warm buttery croissant with cured ham & white cheddar.
(1,3,7) €4.95

DIY SANDWICH

choose your own sandwich fillings from the deli counter, served with mediterranean crisps. (go, Allergens)

Sandwich €8.95 / Wrap €9.95 / Baguette €9.95
take out sandwiches come with a packet of tayto crisps.

Allergen's

1. Cereals 2. Crustaceans 3. Eggs 4. Fish
5. Peanuts 6. Soybeans 7. Milk/Dairy
8. Nuts - Cashew, Hazel, Walnut, Pistachio,
Almond, Pine Nuts, Other.
9. Celery 10. Mustard 11. Sesame Seeds
12. Sulphites 13. Lupins 14. Molluscs

(g) gluten free (go) gluten free option
(v) vegetarian (vo) vegetarian option
(ve) vegan option

All our beef is Irish
& all our chicken is certified halal.

Warning:

While we take extra care when informed of an allergy, we cannot guarantee the inadvertent presence of allergens in any dish..

We advise you take no risks.

terms & conditions apply.
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Deli Lunch

Soup of the Day

served with homemade bread.
(go,v,1,7,8W,9) €6.95

The Deli Flatbread Mezza

warm flat bread with: hummus, tabbouleh, beetroot salad, fennel & feta salad, olive salad, pickled cucumber & feta dip.
(v, ve, go, 1,3,7,8W,10,12) €12.95

Italian Lemon Chicken Lunch

grilled breast of chicken marinated in lemon juice, olive oil & fresh herbs, served with warm pesto potato & grilled vegetables.
(g,3,7,8PN,9) €12.95

Deli Selection

€4.95 / with salad €10.95

Stuffed Vine Leaves x 4 (gc,v,ve,12)

Mini Fish Cakes x 2 (1,3,4,7)

Risotto & Mozzarella Suppli (soup-ple) x 2 (v,1,3,7)

Mini Quiche (vo,1,3,4,7)

Chickpea Falafel x 4 (g,v,ve)

Homemade Sausage Roll (ve,vo,1,3,7)

Lemon & Herb Chicken (g,9)

Moroccan Spiced Chicken (g,9)

8 hour slow cooked Pulled Pork (g,6)

Deli Salads

Fennel & Feta Salad (v,g,7,12)

Rustic Beetroot Salad (v,ve,g,8W,12)

Pesto Potato Salad (v,3,7,8PN)

Ruby Coleslaw (v,g,3)

Homemade Hummus (v,ve,g)

Roast Vegetable Salad (v,ve,)

Pesto & Pine Nut Pasta Salad (v,1,3,7,8PN)

Olive & Sundried Tomato Salad (v,ve,g,12)

Mediterranean Chicken & Pasta Salad (1,7,8W)

Free Range Egg & Dill Mayonnaise (v,g,3)

Tabbouleh Salad of Bulgur Wheat & Fresh Herbs (v,ve,1)

Small Plate € 5
Medium Plate € 9.95
Large Plate € 12.95

Takeaway Salad Box

Sm / M / Lg €18 Per Kg